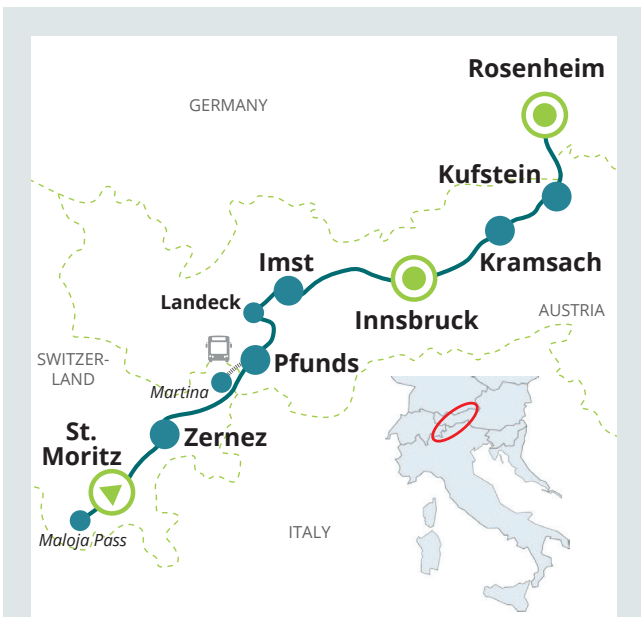




Innsbruck Tourismus / Tommy Bause



DESCRIPTION

Accompanied by numerous three-thousand metre mountain peaks, you will first cycle along the still playfully splashing Inn-Bach (Stream – as it is yet to become a river), past the Engadine lakes and through rugged cliffs to Tyrol where the Inn cycle path usually nestles close, to the now, river Inn. The Inntal (Inn Valley) now expands significantly before you reach the Tyrolean capital of Innsbruck. The Alpine metropolis of Innsbruck sits gently in the Inn valley and offers visitors its cultural treasures. Innsbruck could be the destination of your trip or you can continue your journey downstream to the ‘salt’ city of Hall, with its famous towers from the historic ‘Mint’, be enchanted by the fairy-tale garden of the Swarovski Giant in Wattens or roam the glassblowing town of Rattenberg. Like graceful pearls, historically important villages line the Inn river and grace the route from Innsbruck to Rosenheim. With a last view of the Castle Fortress in Kufstein, say goodbye to the Tyrolean mountain scenery and cycle majestically along the Inn towards your destination of Rosenheim!

CHARACTERISTICS OF THE ROUTE

Very good, officially marked and signposted cycle network. The two first day stages are in high alpine surroundings within narrow valleys (before Zerneß and Guarda there are longer uphill sections) and corresponding cycle path surfaces (natural trails etc), give a slightly more athletic experience. From Pfunds in Tyrol it is mostly flat and paved/ asphalted bike paths together with little-used secondary roads and local thoroughfares.

The tour is suitable for families with children over 14 years.

self-guided tour from 2 persons

bicycle holiday



DIFFICULTY: easy – medium



DURATION: 7 days / 6 nights (until Innsbruck)
9 days / 8 nights (until Rosenheim)



DISTANCE: approx. 220 km (until Innsbruck)
approx. 370 km (until Rosenheim)



A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

This small town is located directly on the lake of the same name. If St. Moritz captivates you in the winter with its glamorous highlights in a white winter dress, it also offers a huge amount in the warmer season, with a variety of outdoor sports activities as well as music and cultural festivals. Enjoy the opening of your bike tour in this world-famous metropolis and let yourself be enchanted by the sophisticated atmosphere in a beautiful mountain scenery.

Day 2: St. Moritz – Zernez (approx. 55 – 60 km)

Short shuttle transfer to the Maloja Pass, then you start the stage at a good 1,800m above sea level. Enjoy the unique experience of seeing the source of the Inn bubbling out of the mountain as a virgin tender trickle. Now you follow the playful Inn-Bach (stream) along the Engadin lakes. Today mostly up and downhill on technically demanding forest and meadow paths. Zernez, as the geographical link of the Upper and Lower Engadine, welcomes you to a wide valley floor at the confluence of the Inn and Spöl rivers.

Day 3: Zernez – Pfunds (approx. 55 – 65 km)

Today's stage is set in the midst of lush mountain meadows in the heartland of the Engadine local culture. You cycle along the northern foothills of the oldest European Alpine National Park while always overlooking the river Inn. Charming villages display 'Sgraffito' decorated walls and well-preserved ruins of an ancient settlement in Lavin from the early 12th Century, indicates early Engadine life. At the border area between the Engadin and the Tyrolean Upperland, the bike path connection is still in the planning phase and due to the cramped road conditions, you will be transferred from the Martina border town to Pfunds by shuttle.

Day 4: Pfunds – Imst (approx. 60 km)

In Pfunds – the so-called 'Engadine window' starts today's stage. Through the „Upper Court“ you cycle from Ried over Prutz into the district town of Landeck. High above the Inn River, which rushes through canyons, is the historic Landeck Castle, which tells its story of the glory days of the former trading metropolis on the North/South axis. Via Zams and through the Milser-Auen landscape you reach the well-known town of Imst, which is famous far beyond its borders for the Imst Fasnacht, a traditional Carnival, which is listed as an important Heritage of Humanity by UNESCO.

Day 5: Imst – Innsbruck (approx. 65 km)

From Imst you will cycle along the Inn river to Römpen and to Römerbadl (Roman Baths) where your cyclist's legs will be able to get refreshed at the ‚Kneippanlage‘ (A soothing pool for your legs) and get ready to visit the Stams Cistercian Monastery. The Romanesque building not only impresses with its early baroque high altar, the monks also know how to prepare tasty dishes using the delicious fruits of the area. In contrast, the Inn cycle path continues through pine forests, along meadows and forest edges, passing the imposing Martinswand (Martins-wall cliffs) until you reach Innsbruck, the provincial capital of Tyrol, on flat cycle paths.

Day 6: Innsbruck Experience

The encounter between mountain and city gives the lively university city an alpine-urban feel for life, the powerfully flowing Inn River adds to the dynamic feel. In both summer and winter, sports and culture enthusiasts will find plenty of opportunities to spend their free time. Embark on a journey of discovery into the historic Innsbruck, always conscious of its identity, with its famous Golden Roof, which poses in the middle of the well-kept medieval old town and the stunning, imperial buildings. If you do not want to rest from your bike today, you will find many options to prove your athleticism in the impressive skyline around Innsbruck.

Day 7: Departure

Individual departure, possibility to extend your stay or continue the tour to Rosenheim.

FROM HERE VARIANT (until Rosenheim)

Day 7: Innsbruck – Kramsach and surrounding area (approx. 55 km)

„Brilliant“ experiences are promised on today's stage on the completely flat Inn River bike paths. Continue down the river towards Hall in Tirol, the former salt-mining town with its glorious coinage (Mint) history, and soon reach the iconic giant in the artfully designed park of the Swarovski Crystal World in Wattens. Inspired by the power and radiance of the crystals, the ever-new collection in and around the Giant is a „must see“ on this day's stage. Kramsach, famous for its red marble (the Golden Roof in Innsbruck and the Palace of Justice in Munich wear this graceful dress), is also home to a quirky 'cemetery museum': A fun afternoon is for sure!

Day 8: From Kramsach and surrounding area via Kufstein – Rosenheim (approx. 70 km)

The Inn cycle path takes you further along the Inn River deeper into the Tyrolean lowlands. A visit to the glassblower town of Rattenberg is well worth it, but you should pay attention to your timing, because at noon at the fortress of Kufstein, the world's largest open-air organ can be heard playing! At Kufstein, you say goodbye to the Alps, which you have been your travel companion from the beginning of your journey and cycle mostly on causeways through another nature reserve of the Innauen to your destination Rosenheim. At the confluence of the Mangfall with the Inn rivers, the 3rd largest city in Upper Bavaria, Rosenheim, welcomes you...

Day 9: Departure

Individual departure or possibility to extend your stay.

GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights

Distance: approx. 280 km

Starting point: Innsbruck

ARRIVAL

By car: You can reach the Engadine from anywhere in Switzerland, Italy, Germany, Austria either via Chur-Thusis-Tiefencastel (coming from Zurich), via the Julier Pass (coming from Basel), via the Albula Pass (only open in summer), via Zernez (coming from Munich) or via Lecco-Maloja (coming from Milan).

By train: St. Moritz. Timetables: www.deutschebahn.de, www.oebb.at, www.trenitalia.com oder www.sbb.ch.

By plane: Airports Zurich, St. Gallen-Altenrhein, Engadin Airport, Lugano-Agno.

ACCOMMODATION

Hotels in 3- and 4-star-category // Attention: Tourist tax – if requested – has to be paid on the spot.

PARKING

In the period July – September, there is the possibility of free parking for the duration of the cycle tour at the Signal mountain railway car park, approx. 200 m away (except for individual days on which larger events take place and subject to change due to political decisions). It is also possible to park for a fee in the Serletta multi-storey car park (near the railway station). Reservation and payment is made via the municipal police (contact: +41 81 8333017); price per car: approx. €95.00 per week.

TRANSFER

Every Saturday: Return transfer by shuttle bus from Innsbruck to St. Moritz – € 110.00 per person (bicycle included) or from Rosenheim to St. Moritz – € 150.00 per person (bicycle included). Reservation required, payment upon booking.

RENTAL BIKES

21-gears women's or men's bicycle // E-bike (unisex bike, 500 W battery; range up to 100 km)

INCLUDED SERVICES

- Accommodation in hotels in 3-/4-star-category
- Breakfast buffet or full breakfast
- Luggage transfer from hotel to hotel
- Transfers according to programme (St. Moritz – Malojapass and Martina – Pfunds)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers, GPS data available on request)
- Telephone service hotline for the entire tour

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item "Included services"

STARTING DATES 2021

ARRIVAL

Every Saturday: 01/05/2021 (first available date) to 11/09/2021 (last available date)

NON SCHEDULE ARRIVAL DATES

Minimum of 5 persons upon request!

PRICES 2021

SELF-GUIDED TOUR ST. MORITZ – INNSBRUCK (7 days/6 nights)

Package price per person in a double room incl. breakfast - season 1*	€ 840.00
Package price per person in a double room incl. breakfast - season 2**	€ 876.00
Single room surcharge, per person	€ 180.00
Half board surcharge, per person	€ 178.00

ADDITIONAL SERVICES

Rental Bike	€ 80.00
E-bike	€ 160.00

SELF-GUIDED TOUR ST. MORITZ – ROSENHEIM (9 days/8 nights)

Package price per person in a double room incl. breakfast - season 1*	€ 1,112.00
Package price per person in a double room incl. breakfast - season 2**	€ 1,168.00
Single room surcharge, per person	€ 236.00
Half board surcharge, per person	€ 229.00

ADDITIONAL SERVICES

Rental Bike	€ 95.00
E-bike	€ 185.00

EXTRA NIGHTS IN ST. MORITZ

Per person and night in a double room incl. breakfast	€ 116.00
Single room surcharge, per person	€ 56.00

EXTRA NIGHTS IN INNSBRUCK

Per person and night in a double room incl. breakfast	€ 69.00
Single room surcharge, per person	€ 30.00

EXTRA NIGHTS IN ROSENHEIM

Per person and night in a double room incl. breakfast	€ 69.00
Single room surcharge, per person	€ 39.00

* season 1: arrival days from 01/05/2021 up to and including 29/05/2021

** season 2: arrival days from 05/06/2021 up to and including 11/09/2021

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!