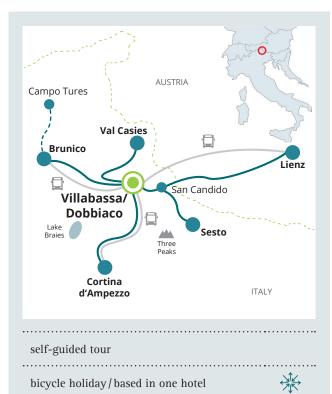


DOLOMITES CYCLE PATHS: BASED IN ONE HOTEL

Valleys of the Upper Puster Valley

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DIFFICULTY: easy

DURATION: 7 days / 6 nights

DISTANCE: approx. 200 - 230 km

DESCRIPTION

At the foot of the Dolomites you cycle without meeting steep inclines, along well built valley cycle paths, among which are also the classic "Drava/Drau cycle path". Lake Toblacher See, the view to the "Drei Zinnen" (Three Peaks) as well as typical towns will stay in your memory for a long time. From your hotel in the Upper Puster Valley you leave every day for your bicycle tour. The programme gives you space for an individual organisation of the stages and guarantees fun for all cyclists, equal if athletic ambitious or "pleasure-seeking". The bicycle tour leads you into side valleys of the Upper Puster Valley to Sesto and Casies and on the old Dolomites railway track from Cortina d'Ampezzo to Dobbiaco.

CHARACTERISTICS OF THE ROUTE

Ideal for families; it runs consistently on valley cycle paths without steep inclines. On the most days there is the possibility to choose independently the desired length of route and to adapt according to this the transfer by minibus or train. In addition for convenience you can take a day of rest. There are more demanding routes for experienced bikers. The overnight stay is intended always in the same hotel in the Upper Puster Valley (Niederdorf/Villabassa or Dobbiaco/Toblach).



A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

Individual arrival at the starting hotel in the Upper Puster Valley (Villabassa/Dobbiaco). Free, unattended public parking area near the hotel.

- Day 2: Puster Valley cycle path along the river Rienz: Villabassa/Dobbiaco Brunico (approx. 25 30 km to Brunico or 55 60 km if going to Campo Tures)

 Starting from the highest point in Villabassa/Dobbiaco the cycle path is wriggling along the river Rienz through the villages of the valley to Brunico. Visit Bruneck castle with its Messner Mountain Museum or the open-air museum of Dietenheim. Ambitious cyclists have the possibility to continue the cycling path to the Tauferer Ahrntal Valley and to visit Taufers castle. Return transfer from Brunico to your hotel in the afternoon.
- Day 3: Cycle tour to the Sextnertal Valley framed by the Dolomites of Sexten (approx. 40 km)

 The cycle path will bring you into the Fischleintal Valley. From above some famous peaks of the Dolomites are greeting while you stroll through the Sextnertal Valley. Out of the valley you cycle to San Candido (famous Romanic dome). After a refreshment at the source of the river Drava/Drau you return to the hotel.
- Day 4: Drava/Drau cycle path: the classic "Dobbiaco Lienz" (approx. 50 55km, consistent slightly downwards)
 You leave Villabassa/Dobbiaco and arrive to San Candido before you overstep the nearby Italian-Austrian border right after Prato Drava. Soft you cycle with the bike to Lienz which is located on the confluence of the rivers Isel and Drava/Drau. Worth seeing are the historic centre and Bruck castle. Return transfer to your hotel in the afternoon.
- Day 5: Cycle path along the Dolomites railway track: Cortina d'Ampezzo Villabassa / Dobbiaco (approx. 30 35 km)

 Transfer to Cortina d'Ampezzo. On the unique road with especially for cyclists illuminated tunnels of the erstwhile track, the path leads you from Cortina d'Ampezzo to Cimabanche, the highest point of the tour. Following the cycle path you pass Lake Dürrensee, don't forget to look over your shoulder and enjoy the view of the massif of Cristallo. Shortly afterwards you will see the world famous "Drei Zinnen" (Three Peaks). Passing Lake Toblachersee you reach your hotel in Villabassa / Dobbiaco. Ambitious bikers can cycle both ways instead of taking the shuttle in the morning (approx. 60 70 km).
- Day 6: Cycle tour to the Gsiesertal Valley (approx. 55 km)

This valley is characterised by traditional farms and a big calmness and tranquillity. In Monguelfo there is the possibility to visit the castle or you have a break in Villabassa for searching refreshment in the Kneipp facility.

Day 7: Departure

Individual departure or possibility to extend your stay.

GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 7 days / 6 nights Distance: approx. 200 – 230 km

Starting point: Upper Puster Valley (Villabassa/Dobbiaco)

ARRIVAL

By car: Via the Brenner/Brennero motorway (A22) to Brixen/Bressanone – exit "Brixen-Pustertal" – then through the Upper Puster Valley/ Valle Pusteria (SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco (depending on the location of your hotel) or drive along the Felbertauernstraße to Lienz in Eastern Tyrol and further to Italy through the Upper Puster Valley/Valle Pusteria (SS49) to Niederdorf/ Villabassa or Toblach/Dobbiaco (depending on the location of your hotel).

By train: From Innsbruck over the Brenner/Brennero to Franzensfeste/Fortezza. Change the train to the Upper Puster Valley/Valle Pusteria (train station Niederdorf/Villabassa or Toblach/Dobbiaco; depending on the location of your hotel). Timetables: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: Low cost flights to airports Treviso, Venice Marco Polo, Ronchi dei Legionari (Trieste) or Innsbruck. We organize transfers from the airport to the starting point of the cycle tour on request.

ACCOMMODATION

Hotels in 3-star^s- or 4-star-category // Attention: Tourist tax - if requested - has to be paid on the spot.

PARKING

Free, unattended parking facilities for the duration of the bicycle tour at a nearby public parking area.

RENTAL BIKES

21-gears women's or men's bicycle // Rental Bike TOP // E-bike (UNISEX bike, 500 W battery; range up to 100 km)



INCLUDED SERVICES

- Accommodation in hotels in 3-star^s- or 4-star-category
- Breakfast buffet or full breakfast
- Dinner (three-course menu)
- Personal tour information
- All transfers according to the programme before or after the daily tour (the tour order might be changed depending on the arrival day)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Free parking area in the Upper Puster Valley

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item "Included services"

STARTING DATES 2022

ARRIVAL

Daily: 21/05/2022 (first available date) to 24/09/2022 (last available date)

PRICES 2022

SELF-GUIDED TOUR	
Package price per person in a double room incl. half board - Season 1*	€ 749.00*
Package price per person in a double room incl. half board – Season 2**	€ 859.00**
Single room surcharge, per person	€ 115.00
ADDITIONAL SERVICES	
Rental Bike	€ 89.00
Rental Bike TOP	€ 129.00
E-bike	€ 189.00
EXTRA NIGHTS IN NIEDERDORF/VILLABASSA OR TOBLACH/DOBBIACO	
Per person and night in a double room incl. breakfast - Season 1*	€ 59.00*
Per person and night in a double room incl. breakfast – Season 2**	€ 79.00**
Single room surcharge, per person	€ 17.00

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!

^{*} Season 1: arrival dates from 21/05/2022 up to and including 17/06/2022 and from 11/09/2022 up to and including 24/09/2022

^{**} Season 2: arrival dates from 18/06/2022 up to and including 10/09/2022