



DESCRIPTION

Breathtaking landscapes and nature impressions await you on every single stage of this mountain bike tour. The bizarre peaks of the world-famous Dolomites, UNESCO World Natural Heritage line your path through the nature parks "Dolomiti di Sexto", "Dolomiti Ampezzani" and "Fanes-Sennes-Braies".

The round tour begins in Alta Pusteria, then continues via Sexten and Sappada to Cadore, Cortina d'Ampezzo and finally back to Alta Pusteria.

CHARACTERISTICS OF THE ROUTE

The mountain bike route runs on military and forest roads, as well as on wide mountain trails that do not require any special riding skills. Nevertheless, you should bring a safe riding technique on a mountain bike and a good basic condition, due to the many meters in altitude on some stages.

self-guided tour

mountain bike



DIFFICULTY: medium



DURATION: 8 days / 7 nights



DISTANCE: approx. 275 km



A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

Individual arrival at the starting hotel in the Upper Puster Valley (Villabassa/Dobbiaco). Free, unattended public parking area near the hotel.

Day 2: Villabassa/Dobbiaco) – Sesto – Val Vidsende (approx. 47 – 52 km, ascent approx. 1,850 m difference in altitude)

The tour starts off comfortably – you cycle along the valley bike path slightly uphill from Alta Pusteria to Sesto. The first long climb begins in Moso, past Malga Nemes (1,636 m) to the Kniebergsattel (2,321 m), the highest point of today's stage. In serpentine it goes downhill on a well-rideable trail to Malga Silvella. After the relaxing descent, you now cycle uphill again on a gravel road, leave the Malga Melin (1,677 m) behind you and finally reach the Passo Palombino (2,035 m) via an old military road. Finally, a path leads down to Val Vidsende, today's destination.

Day 3: Val Vidsende – Sappada – Auronzo di Cadore (approx. 50 km, ascent approx. 1,750 m difference in altitude)

Today you start on asphalt, then on a gravel path uphill to Passo Col di Caneva (1,847 m), where you pass the source of the Piave River, which flows into the Adriatic. Then you cycle, framed by the Peralba – Chiadenis – Avanza mountain group, through the Val Sesis to the German language island of Sappada ("Plodn"). The subsequent climb to Passo della Digola (1,674 m) is not too long, but steep in some sections. Back in the valley, it is only a few kilometers from Santo Stefano di Cadore to the last climb of the day to the beautifully situated village of Danta di Cadore, from where you almost only roll down to the stage destination Auronzo di Cadore.

Day 4: Auronzo di Cadore – Calalzo di Cadore – Borca di Cadore/surroundings (approx. 45 km, ascent approx. 1,550 m difference in altitude)

A long climb opens the today's stage. Val da Rin and Val di Poorse are the two small mountain valleys through which you reach the Pian de Buoi plateau. This is located at around 1,800 m and is one of the most scenic places in Cadore. A breathtaking panorama of the surrounding mountains of the Marmarole accompanies you for the next few kilometers and various huts invite you to stop and relax. Along the route, however, you will pass also several silent monuments from the First World War. After the rapid descent to Calalzo di Cadore, you can end the day comfortably on the bike path along the former Dolomite Railway.

Day 5: Borca di Cadore/surroundings – Alleghe – Selva di Cadore (approx. 47 km, ascent approx. 2,525 m difference in altitude)

Many vertical meters await you today, divided into several climbs – the first of them leads from Vodo di Cadore through the forest up to the Rifugio Giampietro Talamini (1,582 m). The route now doesn't get really flat either. In constant up- and downhill you first reach the mountain village Zoppè di Cadore below the mighty Monte Pelmo and finally the Forcella d'Alleghe (1,827 m), the highest point of today's stage. You have already covered a little more than half after the descent to the village with the same name. After going around the lake, which was only formed in 1771 after a rock fall, some relatively flat kilometers follow. Then you have to pedal hard again – over the picturesque Colle Santa Lucia to Selva di Cadore.

Day 6: Selva di Cadore – Cortina d'Ampezzo (approx. 34 km, ascent approx. 1,525 m difference in altitude)

Today's section is a little shorter than the rest of the stages, but you will reach the highest peak of the entire circular tour. The imposing Dolomite peaks are your constant companion on the way up to Rifugio Averau at over 2,400 m. From here it is almost only downhill, the panoramic view remains more than fascinating. It doesn't take long and you will cycle past the Cinque Torri, a unique rock formation that is not only popular with climbers. Below the Tofane, where the Alpine Ski World Championships will take place in 2021, continue to Cortina d'Ampezzo, which is also known as the "Queen of the Dolomites".

Day 7: Cortina d'Ampezzo – Passo Tre Croci – Prato Piazza – Alta Pusteria (approx. 45 – 50 km, ascent approx. 1,625 m difference in altitude)

The ascent to Passo Tre Croci (1,805 m) marks the beginning of the last stage, which once again has "pure Dolomites feeling" to offer. From there it is relatively steep uphill to Passo Sòn Fôrca (2,110 m), below the sublime Monte Cristallo with its over 3,200 m, and then downhill through the natural Val Padeon. An old military road finally leads up to the well-known high plateau Prato Piazza. Enjoy the typical South Tyrolean specialties in one of the mountain restaurants in the shadow of the Croda Rossa, while you think back on the beautiful experiences during your mountainbike holiday. You have now left all the difficult parts behind – only the descent to the idyllic Braies Valley and the subsequent rolling out along the cycle path to Niederdorf or Dobbiaco are waiting.

Day 8: Departure

Individual departure or possibility to extend your stay.

GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights

Distance: approx. 275 km

Starting point: Upper Puster Valley (Villabassa/Dobbiaco)

ARRIVAL

By car: Via the Brenner/Brennero motorway (A22) to Brixen/Bressanone – exit “Brixen-Pustertal” – then through the Upper Puster Valley / Valle Pusteria (SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco (depending on the location of your hotel) or drive along the Felbertauernstraße to Lienz in Eastern Tyrol and further to Italy through the Upper Puster Valley/Valle Pusteria (SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco (depending on the location of your hotel).

By train: From Innsbruck over the Brenner/Brennero to Franzensfeste/Fortezza. Change the train to the Upper Puster Valley / Valle Pusteria (train station Niederdorf/Villabassa or Toblach/Dobbiaco; depending on the location of your hotel).

Timetables: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: Low cost flights to airports Treviso, Venice Marco Polo, Ronchi dei Legionari (Trieste) or Innsbruck.
We organize transfers from the airport to the starting point of the cycle tour on request.

ACCOMMODATION

Hotels in 3-star- and 4-star-category // Attention: Tourist tax – if requested – has to be paid on the spot.

PARKING

Free, unattended parking facilities for the duration of the bicycle tour at a nearby public parking area.

RENTAL BIKES

Mountain bike Bianchi Kuma 27.2 (on request; limited availability) or similar version (without bike rack and bike bags)

INCLUDED SERVICES

- Accommodation in hotels in 3-star- or 4-star-category
- Breakfast buffet or full breakfast
- *If you have booked half board:* minimum three-course dinner (no half board possible in Cortina d'Ampezzo)
- Personal tour information
- Luggage transfer from hotel to hotel
- Well planned routes
- Detailed documents (maps, GPS tracks, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner (if not booked half board)
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item “Included services”

STARTING DATES 2022

ARRIVAL

Every Saturday: 11/06/2022 (first available date) to 17/09/2022 (last available date)

NON SCHEDULE ARRIVAL DATES

Minimum of 5 persons upon request!

PRICES 2022

INDIVIDUELLE EINZELREISE	
Package price per person in a double room incl. breakfast – Season 1*	€ 699.00*
Package price per person in a double room incl. breakfast – Season 2**	€ 779.00**
Single room surcharge, per person	€ 169.00
Surcharge 6x half board (Cortina d'Ampezzo excluded)	€ 145.00
ADDITIONAL SERVICES	
Mountain bike TOP	€ 130.00
EXTRA NIGHTS IN NIEDERDORF/VILLABASSA OR TOBLACH/DOBBIACO	
Per person and night in a double room incl. breakfast – Season 1*	€ 59.00*
Per person and night in a double room incl. breakfast – Season 2**	€ 79.00**
Aufpreis Einzelzimmer pro Nacht	€ 17,00

* Season 1: arrival dates from 11/06/2022 up to and including 17/06/2022 and from 12/09/2022 up to and including 17/09/2022

** Season 2: arrival dates from 18/06/2022 up to and including 11/09/2022

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!