

SOUTH TYROL JUST SO

On the cycle paths through South Tyrol

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DISTANCE: approx. 280 - 300 km

DESCRIPTION

South Tyrol would like to tempt you on a two wheel trip! Whilst travelling along the well-built cycle paths, you will get to know all about this little country, its flair and specialities. The unspoilt nature with its roaring rivers, the mountains and lakes with their legends, customs, and a culture of a country influenced by history, and the South Tyrolean hospitality with its specialities and excellent wines. This bike tour takes you along the cycle paths from eastern Pustertal valley and the Dolomites to the capital town of Bolzano; to Lago di Caldaro (Lake Kalterer See), the spa town of Merano and into the Vinschgautal valley. A transfer takes you over the Jaufen pass and from there you cycle to the town of Vipiteno where you get back and cycle to the Bishop's town of Bressanone, official seat of the Bishop and provincial Diocese of the Catholic Church.

CHARACTERISTICS OF THE ROUTE

An easy tour for everyone! In the last few years, the bike paths in the valleys have been reconstructed and in some cases, newly built. Although South Tyrol is better known for its mountains, you can also find easy bike paths in the valleys without great differences of altitude. This tour is suitable for families with children over 14 years.

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A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

Individual arrival at the starting hotel in Bressanone. Those who arrive earlier can visit the old town with the arcades and the cathedral.

Day 2: Bressanone – Upper Pustertal valley – Bressanone (approx. 65 km)

In the morning a transfer takes you from Bressanone to Dobbiaco where you will get your bike. Today the well-maintained Pustertal valley cycle path along the Rienz river is on the programme. The bike tour starts in the heart of the Dolomites in Dobbiaco and takes you past the famous Braies valley, which stretches towards the south. Following the Rienz river, the bike path goes past the Olang dam and onto the Michael Pacher town of Brunico. You continue on through the Pustertal valley, pass the Mühlbacher Klause ruins and enter into the Eisacktal valley. Shortly before Bressanone you can visit the Neustift Abbey.

Day 3: Bressanone – Bolzano (approx. 40 km)

The Eisacktal valley cycle path from Bressanone to Bolzano along the Eisack river sets the course for you today. The starting point is the bishop's town of Bressanone, which you leave towards the south. Soon the picturesque town of Chiusa with its narrow streets and houses invites you to a first sightseeing tour. Finally, South Tyrol's capital Bolzano awaits you, the city where two cultures meet.

Day 4: Bolzano - Appiano - Lago di Caldaro - Bolzano (approx. 45 km)

Today's programme includes a cycle tour in South Tyrol's best-known wine-growing region and around Lago di Caldaro (Lake Kalterer See). Passing Sigmundskron castle you first cycle to Appiano, the largest wine growing area in South Tyrol. Then you carry on towards Caldaro. Those who want can take a detour at San Michele to the idyllic Lake Montiggler See and have a swim. The village of Caldaro is worth visiting, as well as the South Tyrol Wine Growing Museum. Just past Caldaro you arrive at Lake Kalterer See before turning into the Etsch cycle path back to Bolzano.

Day 5: Bolzano – Merano (approx. 35 – 40 km)

Along the "Wine Road" you cross the largest fruit-growing area in South Tyrol, where one orchard follows another. The famous South Tyrolean apples come from this area. The oldest winery in South Tyrol which is situated in Andriano lies on the way. From here you carry on to Terlano, Nalles and then to Lana, which is worth visiting before arriving in the spa town of Merano. Also worth seeing are the gardens of Trauttmansdorff Castle, located just above Merano. Alternatively, you can cycle along the Etsch cycle path directly to Merano.

Day 6: Merano – Malles – Merano (approx. 60 km)

The Vinschgau Railway takes you from Merano to Malles. By bike, you explore the entire valley, always slightly downhill, along the Etsch cycle path. The first stop is in Glorenza, the smallest town in South Tyrol. You carry on through the orchards to Prato allo Stelvio, Lasa, Silandro, Naturno and then back to Merano.

Day 7: Merano – Jaufen pass – Vipiteno – Bressanone (approx. 35 – 50 km)

Transfer from Merano to the Jaufen pass (2,094 m) and then on to Vipiteno. You may cycle also downhill from the top of the Jaufen pass through the countryside and enjoy the wonderful scenery! Wonderful cycle paths lead from the Upper Eisacktal valley to the former customs station in Franzensfeste and on to the bishop's town of Bressanone.

Day 8: Departure

Individual departure or possibility to extend your stay.



GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights
Distance: approx. 280 – 300 km
Starting point: Bressanone

ARRIVAL

By car: Via the Brenner/Brennero motorway (A22) to Brixen/Bressanone or drive along the Felbertauernstraße to Lienz in Eastern Tyrol, across the Austrian-Italian border and further through the Upper Pustertal Valley/Valle Pusteria (SS49) to Bressanone.

By train: Via Innsbruck and the Brenner/Brennero or via Eastern Tyrol/Pustertal valley to Bressanone. Timetables: www.deutschebahn.de,

www.oebb.at, www.trenitalia.com

By plane: Airports Innsbruck, Verona Villafranca, Treviso or Venice Marco Polo.

ACCOMMODATION

• Category "Standard": hotels in 3- and 4-star-category

• Category "Charme": hotels in higher 4-star-category

Attention: Tourist tax - if requested - has to be paid on the spot.

PARKING

Parking at the starting hotel: • hotel garage approx. €60.00 per week or €11.00 per day

• parking area "Residence Gasser" approx. €40.00 per week

Reservation of the parking area/parking garage not possible; payable directly at the hotel.

RENTAL BIKES

- 21-gears women's or men's bicycle
- Rental Bike TOP
- E-bike (UNISEX bike, 500 W battery; range up to 100 km)

INCLUDED SERVICES

- Accommodation in hotels of the chosen category
- · Breakfast buffet or full breakfast
- Personal tour information
- Luggage transfer from hotel to hotel
- All transfers according to the programme:
 Bressanone > Upper Pustertal valley, Merano > Malles,
 Merano > Jaufen pass > Vipiteno
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item "Included services"

STARTING DATES 2023

ARRIVAL

Every Wednesday and Saturday: 29/04/2023 (first available date) to 16/09/2023 (last available date) Additionally every Sunday: 04/06/2023 (first available date) to 17/09/2023 (last available date)

DISABLED DATES (no start possible!)

09/08/2023 up to and including 16/08/2023

NON SCHEDULE ARRIVAL DATES

Minimum of 5 persons upon request!



PRICES 2023

Package price per person in a double room incl. breakfast – Season 1*	€ 749.00*
Package price per person in a double room incl. breakfast – Season 2**	€ 799.00**
Package price per person in a double room incl. breakfast – Season 3***	€ 899.00***
Single room surcharge, per person	€ 189.00
ADDITIONAL SERVICES	
Rental Bike	€ 99.00
Rental Bike TOP	€ 139.00
E-bike	€ 209.00
EXTRA NIGHTS IN BRESSANONE	
Per person and night in a double room incl. breakfast	€ 89.00
Single room surcharge, per person	€ 19.00

SELF-GUIDED TOUR CATEGORY "CHARME"	
Package price per person in a double room incl. breakfast – Season 2**	€ 1,279.00**
Package price per person in a double room incl. breakfast - Season 3***	€ 1,369.00***
Single room surcharge, per person	€ 289.00
ADDITIONAL SERVICES	
Rental Bike	€ 99.00
Rental Bike TOP	€ 139.00
E-bike	€ 209.00
EXTRA NIGHTS IN BRESSANONE	
Per person and night in a double room incl. breakfast	€ 129.00
Single room surcharge, per person	€ 39.00

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!

^{*} Season 1: arrival dates 29/04/2023 and 17/09/2023

^{**} Season 2: arrival dates from 06/05/2023 up to and including 17/06/2023

^{***} Season 3: arrival dates from 18/06/2023 up to and including 16/09/2023