## EAST TYROL & SOUTH TYROL DOLOMITES: BASED IN TWO HOTELS

A varied tour that combines nature and culture

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### **DESCRIPTION**

The cycle tour starts in the sunny town of Lienz in East Tyrol. The stages take you to the surroundings of Lienz, to the Virgental valley at the foot of the Großvenediger, to Matrei in East Tyrol and to Spittal an der Drau in Carinthia. In the middle of the week a transfer takes you to the Upper Pustertal valley to Dobbiaco in South Tyrol, the starting point for the following days. The towns of Cortina d'Ampezzo, Bruneck and Brixen await you here. On the last day of the tour you cycle from the Upper Pustertal valley across the border to Austria and back to the starting point in Lienz.

### CHARACTERISTICS OF THE ROUTE

This cycle tour is a varied tour that combines nature and culture. It goes along bike paths or very quiet side roads, through small villages and picturesque landscape. The tour is suitable for children over 14 years.



## A DAY BY DAY ACCOUNT OF THE ROUTE

#### Day 1: Arrival

Individual arrival at the starting hotel in Lienz.

### Day 2: Round tour Lienz to Lake Tristacher See (approx. 28 km)

From Lienz you start the stage to the Galitzenklamm gorge, a well-known water nature trail. From there you cycle comfortably up to Lake Tristacher See, which is perfect for a swim. The route also takes you to Lavant, where you can visit a late Roman/early medieval settlement mound. Another attraction is located in Dölsach – the Aguntum – an ancient Roman town. This archaeological park is well worth a visit!

#### Day 3: Lienz - Matrei in East Tyrol - Virgental valley - Lienz (approx. 52 km)

In the morning a transfer takes you to the end of the Virgental valley, which lies in the middle of the Hohe Tauern National Park. The cycle path takes you gently downhill through Prägraten at the foot of the Großvenediger to Matrei in East Tyrol and then on to Lienz. You cycle through picturesque mountain landscapes and charming villages.

### Day 4: Lienz – Spittal an der Drau – Lienz (approx. 74 km)

Along today's route are idyllic villages such as Oberdrauburg and Sachsenburg with their beautiful historic town centres. The nearby bathing lake in Greifenburg is perfect for a swim. You cycle through meadows and rural cultural landscapes, framed by mountain forests and alpine pastures. At the end of the stage you take the train from Spittal an der Drau back to Lienz.

### Day 5: Lienz – Dobbiaco – Cortina d'Ampezzo – Dobbiaco (approx. 59 km)

In the morning you take the train from Lienz to Dobbiaco. From there you cycle past the Lake Toblacher See to the "Drei Zinnen Blick" (Three Peaks view) and on to the Lake Dürrensee. After that you cycle to the highest point of the tour – to Cimabanche. From there the cycle path takes you gently downhill on a unique route with specially lit tunnels for cyclists on the former railway line to Cortina d'Ampezzo. Afterwards you cycle back to Dobbiaco.

### Day 6: Dobbiaco - Brunico - Bressanone - Dobbiaco (approx. 72 km)

Starting from the highest point in Dobbiaco the cycle path leads along the Rienz river through the villages of the valley to Brunico, a very cosy town. Visit the Brunico castle with the Messner Mountain Museum or the Folklore Museum in Dietenheim. Then you cycle on, always slightly downhill, to Bressanone, one of the most beautiful towns in the Alps. From Bressanone you take the train back to Dobbiaco.

### Day 7: Dobbiaco - Sillian - Lienz (approx. 49 km)

On the last day of your trip you leave Dobbiaco and first reach San Candido. You then cross the Italian-Austrian border near Winnebach and reach Sillian. Shortly after Sillian you will find the Loacker company with its delicious biscuit and wafer creations as well as an excellent cappuccino. You then cycle gently downhill along the Drava river to Lienz, the starting point of your tour.

### Day 8: Departure

Individual departure or possibility to extend your stay.



### GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights Distance: approx. 334 km Starting point: Lienz

### ARRIVAL

By car: • Via Kitzbühel, Pass Thurn and Mittersill on the Felbertauernstraße to Lienz.

- Via the Brenner/Brennero motorway (A22) to Brixen/Bressanone exit "Franzensfeste, Pustertal" through the Pustertal valley (State road SS49) to Lienz.
- Via the Southern motorway (A2) to the Villach junction, then via the Tauern motorway (A10) towards Salzburg to the Lendorf junction. From here via the B100 to Lienz.

By train: From Innsbruck via the Brenner/Brennero to Franzensfeste. From there on to Lienz. Timetables: www.deutschebahn.de, www.oebb.at, www.trenitalia.com

By plane: Airports Innsbruck, Salzburg and Munich. We organize transfers from the airport to the starting point of the cycle tour on request.

### **ACCOMMODATION**

Hotels in 3- and 4-star-category in Lienz and Dobbiaco/Villabassa // Attention: Tourist tax - if requested - has to be paid on the spot.

#### DARKING

Free, unattended parking facilities for the duration of the bicycle tour at a nearby public parking area.

### **RENTAL BIKES**

- 21-gears women's or men's bicycle
- Rental Bike TOP (UNISEX bike men's bike upon request)
- E-bike (UNISEX bike, 500 W battery; range up to 100 km)

### **INCLUDED SERVICES**

- Accommodation in hotels in 3- and 4-star-category in Lienz and Dobbiaco/Villabassa
- · Breakfast buffet or full breakfast
- If you have booked half board: at least three-course menu
- Video briefing/Information video about the cycling tour
- Luggage transfer from hotel to hotel
- Train tickets and transfers according to the program (transfer to Virgental valley; train ticket Spittal/Drau > Lienz; train ticket Lienz > Dobbiaco; train ticket Bressanone > Dobbiaco)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app

### NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner (if not booked half board)
- Not mentioned entries
- Not mentioned train tickets
- Rental bikes and travel insurance
- All not expressly mentioned under the item "Included services"

### STARTING DATES 2024

#### **ARRIVAI**

Daily: 25/05/2024 (first available date) to 22/09/2024 (last available date)

DISABLED DATES (no start possible!)

03/08/2024 up to and including 18/08/2024



# PRICES 2024

SELF-GUIDED TOUR	
Package price per person in a double room incl. breakfast – Season 1*	€ 789.00*
Package price per person in a double room incl. breakfast – Season 2**	€ 889.00**
Single room surcharge, per person	€ 229.00
Halfboard surcharge, per person	€ 219.00
ADDITIONAL SERVICES	
Rental Bike	€ 99.00
Rental Bike TOP	€ 169.00
E-bike	€ 249.00
EXTRA NIGHTS IN LIENZ	
Per person and night in a double room incl. breakfast – Season 1*	€ 89.00*
Per person and night in a double room incl. breakfast – Season 2**	€ 95.00**
Single room surcharge, per person	€ 29.00

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!

<sup>\*</sup> Season 1: arrival dates from 25/05/2024 up to and including 14/06/2024 and from 14/09/2024 up to and including 22/09/2024

<sup>\*\*</sup> Season 2: arrival dates from 15/06/2024 up to and including 13/09/2024