



FunActive TOURS

self-guided tour

bicycle holiday / based in one hotel

DIFFICULTY: easy

DURATION: 8 days / 7 nights

DISTANCE: approx. 240 – 285 km

DESCRIPTION

Apulia, the heel of the boot, is an enchanting region, a strip of land in the sea with a large selection of enchanting coasts for every taste. If you want to immerse yourself in the past, Puglia offers a multitude of historical sites that tell of its ancient culture: from prehistory to the Magna Graecia and the Roman Empire to the Renaissance and the splendour of the Baroque. The starting point of the journey is Alberobello, home of the “Trulli”, ancient stone houses built without mortar and with a conical roof. They are so unique that they were added to the UNESCO World Heritage List in 1996. For fish lovers, this region with its 800 km of coastline on two seas offers a rich choice. You are spoilt for choice because there is something for everyone here: raw, marinated, as delicious fish soups and also with cheese.

CHARACTERISTICS OF THE ROUTE

Easy touring, apart from a few slight ascents and descents along the route, most of this tour is along flat, tarred roads. As you are travelling out of the main season, most of the roads are mainly free of traffic. The tour is suitable for children over 14 years.

A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

Individual arrival at the starting-hotel in Alberobello.

Day 2: Alberobello and surroundings (approx. 50 km)

Starting from the famous town of Trullis, you will explore the surrounding area by bike. Through wide olive groves, vineyards, fruit and almond trees you cycle to Noci, a small town with a historic centre. Return to Alberobello.

Day 3: Grotte di Castellana (approx. 45 km)

Today takes you on a beautiful circuit to the spectacular caves of Castellana. The stalactite cave with a labyrinth of caves is the largest underground tourist attraction in Italy and can be visited with a guided tour. The wide halls offer wondrous rock formations, stalagmites and stalactites can be seen everywhere, the creation of which took nature thousands of years. On the way back you can enjoy the view of the Adriatic Sea.

Day 4: Locorotondo – Cisternino – Ostuni (approx. 35 km)

You start from Alberobello and cycle through the Valle d'Itria valley to Locorotondo. The fertile valley is one of the most beautiful cultural landscapes in the south. Curved walls of raised field stones tame nature. The name Locorotondo literally means round place. The town is also known as "La Città del Vino Bianco" (white wine town). Further you cycle to Cisternino and Ostuni. The light-coloured wreath of houses that adorns the tops of the three hills of the "Città Bianca" can already be seen from afar. Enjoy the magnificent view of the nearby sea. In the afternoon there will be a transfer by shuttle bus to Alberobello.

Day 5: Rest day or cycling tour to Martina Franca (approx. 45 km)

As an alternative to the rest day, a bicycle tour to the baroque town of Martina Franca is available too. The town is located right in the middle between the Ionian and Adriatic Seas in the southeast of the Murgia. Worth seeing are the Palazzo Ducale and the Basilica di San Martino.

Day 6: Monopoli – Polignano a Mare (approx. 45 km)

From Alberobello you cycle to Monopoli, the most important port between Bari and Brindisi. Continue to Polignano a Mare. The pearl on the southern Costa di Bari is captivating because of its extraordinary location: it clings picturesquely to the edges of a steep coast and offers fantastic views of the emerald green sea. Stroll through the narrow streets of the old town or enjoy a day's bath before taking the shuttle bus back to Alberobello.

Day 7: Matera, Capital of Culture 2019 and UNESCO World Heritage Site (approx. 65 km)

Transfer in the morning to the Capital of Culture Matera 2019 in the Basilicata region, also known as the "City of the Sassi". The old town consists partly of cave settlements and has been a UNESCO World Heritage Site since 1993. The impressive collections of cave dwellings form independent quarters that are unique in Europe.

Day 8: Departure

Individual departure or possibility to extend your stay.

GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights

Distance: approx. 240 – 285 km

Starting point: Alberobello

ARRIVAL

By car: Directly to Alberobello

By train: Train stations Lecce, Monopoli/Fasano or Alberobello. Timetables: www.trenitalia.com

By plane: Airports Bari or Brindisi

ACCOMMODATION

Masseria (a large farm complex, now transformed in comfortable hotel – with swimming pool and lovingly furnished rooms) or hotel in 4-star-category // Attention: Tourist tax – if requested – has to be paid on the spot.

PARKING

Parking at the starting hotel in Alberobello (reservation of the parking area not possible; payable on the spot).

TRANSFER

Transfer by shuttle bus on request (bicycle included); reservation and payment upon booking.

- Transfer Monopoli/Fasano train station > Alberobello: € 30.00 per person and route (daily possible, minimum 2 persons)
- Transfer Bari/Brindisi airport/train station > Alberobello: € 50.00 per person and route (daily possible, minimum 2 persons)
- Transfer Lecce > Alberobello: € 65.00 per person and route + € 39.00 per own bike (daily possible, minimum 2 persons)

RENTAL BIKES

- 21-gears touring bicycle (UNISEX)
- Rental Bike TOP (UNISEX bike – men's bike upon request)
- E-bike (UNISEX bike, 500 W battery; range up to 100km – in limited quantities)

INCLUDED SERVICES

- Accommodation in a Masseria or hotel in 4-star-category
- Breakfast buffet or full breakfast
- Dinner (three-course menu)
- Video briefing/Information video about the cycling tour
- Transfers according to the programme (before or after the tour)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item "Included services"

STARTING DATES 2025

ARRIVAL

Every Wednesday and Saturday: 29/03/2025 (first available date) to 11/10/2025 (last available date)

DISABLED DATES (no start possible!)

21/06/2025 up to and including 23/08/2025

NON SCHEDULE ARRIVAL DATES

Minimum of 5 persons upon request!

PRICES 2025

SELF-GUIDED TOUR	
Package price per person in a double room incl. half board – Season 1*	€ 1,029.00*
Package price per person in a double room incl. half board – Season 2**	€ 1,099.00**
Single room surcharge, per person	€ 225.00
ADDITIONAL SERVICES	
Rental Bike	€ 99.00
Rental Bike TOP	€ 169.00
E-bike	€ 269.00
EXTRA NIGHTS IN ALBEROBELLO	
Per person and night in a double room incl. breakfast	€ 95.00
Single room surcharge, per person	€ 29.00

* Season 1: arrival dates from 29/03/2025 up to and including 23/05/2025 and from 06/09/2025 up to and including 11/10/2025

** Season 2: arrival dates from 24/05/2025 up to and including 20/06/2025 and from 24/08/2025 up to and including 05/09/2025

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!