



self-guided tour

bicycle holiday 

DIFFICULTY: easy – medium 

DURATION: 8 days / 7 nights 

DISTANCE: approx. 305 – 315 km 

DESCRIPTION

Discover the southeast end of Italy. On this bicycle tour you will not only experience the unique countryside between the Adriatic and the Ionic Sea, but also the friendliness and hospitality of the southern Italians. The countryside is rich in culture. The Greeks, Romans, Byzantines, Normans, Habsburger and the Bourbons have all left their marks in the region.

CHARACTERISTICS OF THE ROUTE

Easy touring, apart from a few slight ascents and descents along the route, most of this tour is along flat, tarred roads. As you are travelling out of the main season, most of the roads are mainly free of traffic. The tour is suitable for children over 14 years.

A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

Individual arrival at the starting-hotel in Alberobello. This small town in the province of Bari is famous for Trulli stone constructions. The Trulli of Alberobello are part of the UNESCO World Heritage sites list since 1996.

Day 2: Alberobello – Ostuni (approx. 35 km, longer option via Martina Franca approx. 45 km)

Enjoy a tour through the Valle d'Itria, one of the prettiest cultural landscapes of the south, with a stop at the famous wineries in Locorotondo to taste some local wine. The next stop is Ostuni, the “white town” offering breathtaking views of the sea.

Day 3: Ostuni – Manduria / Avetrana (approx. 60 km)

From Ostuni you continue through olive groves, vineyards and fruit crops to Avetrana, a historic small town on the Via Appia. This ancient Roman road led once from Rome via Taranto and Oria to Brindisi. Today only some parts of the ancient cobbled paths still exist and are called the “Via Appia Antica”.

Day 4: Manduria / Avetrana – Gallipoli (approx. 60 km)

You leave Avetrana to reach the sea in the shortest possible time. After a short ride to “Torre Colimena” you continue along the coastal highway with its numerous defence towers to Porto Cesareo. Along the Ionic coast you carry on to Gallipoli. This originally greek “Kale Polis” (beautiful town) awaits you! The old town is situated at the end of what seems to be an impregnable rocky island that stretches far out into the sea. There is a fantastic view both from the north and the south. The town itself has many churches and interesting museums.

Day 5: Gallipoli – Santa Maria di Leuca / surroundings (approx. 50 km)

Today you reach the southernmost point of Salento and at the same time the watershed at Santa Maria di Leuca. The place is especially known for its pilgrimage church. At the turn of the century, many splendid villas were created, which are an absolute architectural highlight due to their imaginative and absurd forms. Here eccentric end-of-the-world lovers settled down to enjoy the tranquility and the sea in the remoteness of the place.

Day 6: Santa Maria di Leuca / surroundings – Otranto (approx. 50 km)

Along the southern coast of the Adriatic Sea you will reach the Messapian city of Otranto. It is considered an art historical gem in the midst of a charming landscape. The old town is surrounded by a mighty city wall and impresses with the amazing Aragonese Castle. On the way to Otranto, you will have the opportunity to visit the famous Zinzulusa Cave, the only coastal grotto open to the public. Santa Cesarea Terme, known for its thermal water treatments and radioactive mud therapies, also deserves a stopover.

Day 7: Otranto – Lecce (approx. 50 km)

First on the Adriatic coast, then it continues through countless olive groves towards Lecce. If you want to take a break on the way, do it best on the high limestone cliffs limited bay of Torre dell'Orso. Lecce, the capital of Salento, is a city of great charm, which is particularly inspired by the undoubted beauty of its buildings and churches. In addition to Naples, Lecce is the baroque metropolis of the South, not without reason they speak of the „Lecce Baroque“. Here, around 30 churches and countless palaces await your visit. Do not forget to pay a visit to the amphitheater and the Roman theater, both probably built by Emperor Augustus.

Day 8: Departure

Individual departure or possibility to extend your stay.

GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights

Distance: approx. 305 – 315 km

Starting point: Alberobello

ARRIVAL

By car: Directly to Alberobello

By train: Train stations Lecce, Monopoli/Fasano or Alberobello. Timetables: www.trenitalia.com

By plane: Airports Bari or Brindisi

ACCOMMODATION

Hotels in 3- and 4-star-category or Agriturismo/agritourist farm (in a room with bath/shower and WC) //

Attention: Tourist tax – if requested – has to be paid on the spot.

PARKING

Parking at the starting hotel in Alberobello (reservation not possible; payable on the spot).

TRANSFER

Transfer by shuttle bus on request (bicycle included); reservation and payment upon booking.

- Transfer Monopoli/Fasano train station > Alberobello: € 30.00 per person and route (daily possible, minimum 2 persons)
- Transfer Bari/Brindisi airport/train station > Alberobello: € 50.00 per person and route (daily possible, minimum 2 persons)
- Transfer Lecce > Bari airport: € 135.00 per person and route (daily possible, minimum 2 persons)
- Transfer Lecce > Brindisi airport: € 40.00 per person and route (daily possible, minimum 2 persons)
- Transfer Lecce > Alberobello: € 65.00 per person and route + € 39.00 per own bike (daily possible, minimum 2 persons)

RENTAL BIKES

- 21-gears UNISEX bicycle
- Rental Bike TOP (UNISEX bike – men's bike upon request)
- E-bike (UNISEX bike, 500 W battery; range up to 100km)

INCLUDED SERVICES

- Accommodation in hotels in 3- and 4-star-category or Agriturismo/agritourist farm (in a room with bath/shower and WC)
- Breakfast buffet or full breakfast
- Video briefing/Information video about the cycling tour
- Luggage transfer from hotel to hotel
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item "Included services"

STARTING DATES 2025

ARRIVAL

Every Wednesday, Saturday and Sunday: 29/03/2025 (first available date) to 12/10/2025 (last available date)

DISABLED DATES (no start possible!)

23/06/2025 up to and including 24/08/2025 - NO start possible

NON SCHEDULE ARRIVAL DATES

Minimum of 5 persons upon request!

PRICES 2025

SELF-GUIDED TOUR	
Package price per person in a double room incl. breakfast – Season 1*	€ 698.00*
Package price per person in a double room incl. breakfast – Season 2**	€ 839.00**
Package price per person in a double room incl. breakfast – Season 3***	€ 949.00***
Single room surcharge, per person	€ 239.00
ADDITIONAL SERVICES	
Rental Bike	€ 99.00
Rental Bike TOP	€ 169.00
E-bike	€ 269.00
EXTRA NIGHTS IN ALBEROBELLO	
Per person and night in a double room incl. breakfast	€ 95.00
Single room surcharge, per person	€ 29.00
EXTRA NIGHTS IN LECCE	
Per person and night in a double room incl. breakfast	€ 84.00
Single room surcharge, per person	€ 29.00

* Season 1: arrival date 29/03/2025
 ** Season 2: arrival dates from 30/03/2025 up to and including 23/05/2025 and from 08/09/2025 up to and including 12/10/2025
 *** Season 3: arrival dates from 24/05/2025 up to and including 22/06/2025 and from 25/08/2025 up to and including 07/09/2025
 We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!