



FunActive TOURS/Harald Wisthaler

self-guided tour

bicycle holiday

DIFFICULTY: easy – medium

DURATION: 8 days/7 nights

DISTANCE: approx. 315 – 360 km

DESCRIPTION

Starting from the northeastern Dolomites, the first part of the route runs along the Drau river through the valley of the same name and then on through the Gailtal valley on leisurely cycle paths. After a short detour to the Italian border town of Tarvisio you cycle on to Slovenia. At the fairy-tale Lake Bled, you will be at the foot of the Julian Alps. After a transfer to the south side of the Alps you will return to Italy in the region of Friuli-Venezia Giulia and in the famous wine region “Collio”. The former capital of the Lombards, Cividale del Friuli, is worth a visit. Afterwards, a spectacular end to the cycle tour on the Adriatic awaits you. On the last day you cycle along the sea to the former Habsburg port of Trieste.

OPTIONAL VARIANT

2 nights in Bled instead of 1 night in Cividale del Friuli.

CHARACTERISTICS OF THE ROUTE

The tour to Trieste is a varied tour; the last two stages are a bit hilly. The tour goes along bike paths or very quiet side roads, through small villages and picturesque landscape. The tour is suitable for children over 14 years.

A DAY BY DAY ACCOUNT OF THE ROUTE

Day 1: Arrival

Individual arrival at the starting hotel in the Upper Pustertal valley (Villabassa/Dobbiaco). Free, unattended public parking area near the hotel.

Day 2: Upper Pustertal valley – Oberdrauburg/Kötschach-Mauthen (approx. 70 – 75 km)

Starting at the watershed of the rivers Drava and Rienz on the Toblach saddle, you ride alongside the Drava river through South Tyrol and on to East Tyrol and the town of Lienz. The impressive mountains of the Dolomites line the route.

Day 3: Oberdrauburg/Kötschach-Mauthen – Feistritz an der Gail (transfer to the Gailberg pass + approx. 65 km)

After a short transfer by minibus to the Gailberg pass (about 7 km/350m sea level difference), a comfortable descent to Kötschach-Mauthen awaits you. On the Gailtal valley cycle path at the foot of the Carnic Ridge you cycle comfortably past Hermagor. Before you reach your stage finish Feistritz an der Gail, the Lake Pressegger See invites all gourmets to a relaxing break.

Day 4: Feistritz an der Gail – Bled (approx. 55 – 65 km)

Along your way to Bled, you reach the Italian border and then continue on the cycle path. You travel past the famous ski area of Kranjska Gora, through the wonderful and mostly unknown countryside of Slovenia. It is also possible to shorten the trip by approx. 10km using the train. You spend the night at the romantic Lake Bled. Instead of the next stage (Bled – Cividale) you can also choose to spend two nights in Bled. [See amended route programme further down.](#)

Day 5: Bled – Cividale del Friuli (train ride + approx. 50 km)

After the transfer by train you will reach the Socatal valley, popular with canoeists and adventurers. In Kobarid you will get a historical review of the decisive battles of the First World War, which led to a preliminary decision. At the next stop especially the lovers of good food and wine will get their money's worth. At the end of the day, the historic city of Cividale del Friuli invites you on a tour, eg. the Devil's Bridge. Goths, Lombards and Franks have shaped this city.

Day 6: Cividale del Friuli – Gradisca d'Isonzo (approx. 35 km, longer option via Udine approx. 65 km)

On the way through the Collio Goriziano, centre of the Friuli wine growing region, there are many wine cellars to stop at and taste the excellent wines. After tackling a few hills, you come to Gradisca d'Isonzo, where you spend the night. There is a possibility to choose a longer tour option passing through Udine, probably the most important town in the Friuli region, which is well worth a visit.

Day 7: Gradisca d'Isonzo – Trieste (approx. 40 km)

The Karst accompanies you on the way to the Adriatic Sea and the castles Duino and Miramare invite you for a last visit before you enter the former Habsburg town of Trieste.

Day 8: Departure

Individual departure or possibility to extend your stay.

VARIANT (2 nights in Bled instead of 1 night in Cividale del Friuli)

Day 5: Bled

Enjoy one day off at the beautiful Lake Bled.

Day 6: Bled – Gorizia – Gradisca d'Isonzo (train ride + approx. 40 km)

After the transfer by train you will reach the Socatal valley, popular with canoeists and adventurers. The river accompanies you on the journey to the divided city of Gorizia. Cycling through the vineyards of the Collio you will reach Gradisca d'Isonzo, where you will spend the night.

GENERAL INFORMATION

Classification of the cycle tour: self-guided tour

Duration: 8 days/7 nights

Distance: approx. 315 – 360 km

Starting point: Upper Pustertal valley (Villabassa/Dobbiaco)

ARRIVAL

By car: Via the Brenner/Brennero motorway (A22) to Brixen/Bressanone – exit “Franzensfeste, Pustertal” – through the Pustertal valley (State road SS49) to Niederdorf/Villabassa or Toblach/Dobbiaco (depending on the location of your hotel) or drive along the Felbertauernstraße to Lienz in Eastern Tyrol and further to Italy to the Upper Pustertal valley (Niederdorf/Villabassa or Toblach/Dobbiaco, depending on the location of your hotel).

By train: From Innsbruck over the Brenner/Brennero to Franzensfeste/Forzezza. Change the train to the Upper Pustertal valley (train station of Niederdorf/Villabassa or Toblach/Dobbiaco, depending on the location of your hotel). Timetables: www.deutschebahn.de, www.oebb.at, www.trenitalia.com

By plane: Airports Treviso, Venice Marco Polo, Ronchi dei Legionari (Trieste) or Innsbruck. We organize transfers from the airport to the starting point of the cycle tour on request.

ACCOMMODATION

Inns and hotels in 3-, partly 4-star-category // Attention: Tourist tax – if requested – has to be paid on the spot.

PARKING

Free, unattended parking facilities for the duration of the bicycle tour at a nearby public parking area.

TRANSFER

Every Wednesday and Saturday, there is a shuttle bus transfer from Trieste to Hochpustertal (Toblach/Niederdorf/Sillian) for a price of €96.00 per person + €39.00 for each bike (reservation and payment required at the time of booking).

ALTERNATIVE SAF – Bus from Trieste (daily at approx. 06:40 AM) to Innichen/San Candido (no bicycle transport possible; duration approx. 5 hours). Timetable and details: www.autostazionetrieste.it.

RENTAL BIKES

- 21-gears (Unisex model, men's model available upon request)
- Rental Bike TOP
- E-bike (UNISEX bike, 500 W battery; range up to 100 km)

INCLUDED SERVICES

- Accommodation in inns/hotels in 3-, partly 4-star-category
- Breakfast buffet or full breakfast
- Tour information video briefing
- Luggage transfer from hotel to hotel
- Transfer by minibus from Oberdrauburg to the Gailberg pass
- Transfer by train from Bled to Most na Soci/Kanal ob Soci (variant with 2 nights in Bled)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app

NOT INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item “Included services”

STARTING DATES 2025

ARRIVAL

Every Wednesday, Friday and Saturday: 09/05/2025 (first available date) to 27/09/2025 (last available date)

DISABLED DATES (no start possible!)

from 09/08/2025 up to and including 16/08/2025

NON SCHEDULE ARRIVAL DATES

Minimum of 5 persons upon request!

PRICES 2025

SELF-GUIDED TOUR

Package price per person in a double room incl. breakfast – Season 1*	€ 829.00*
Package price per person in a double room incl. breakfast – Season 2**	€ 939.00**
Package price per person in a double room incl. breakfast – Season 3***	€ 995.00***
Single room surcharge, per person	€ 249.00

ADDITIONAL SERVICES

Rental Bike	€ 99.00
Rental Bike TOP	€ 169.00
E-bike	€ 269.00

EXTRA NIGHTS IN NIEDERDORF/VILLABASSA OR TOBLACH/DOBBIACO

Per person and night in a double room incl. breakfast – Season 1* and Season 2**	€ 89.00*/**
Per person and night in a double room incl. breakfast – Season 3***	€ 95.00***
Single room surcharge, per person	€ 49.00

EXTRA NIGHTS IN TRIESTE

Per person and night in a double room incl. breakfast	€ 89.00
Single room surcharge, per person	€ 49.00

* Season 1: arrival dates 09/05/2025 and 27/09/2025

** Season 2: arrival dates from 10/05/2025 up to and including 23/05/2025 and from 13/09/2025 up to and including 26/09/2025

*** Season 3: arrival dates from 24/05/2025 up to and including 12/09/2025

We suggest travel insurance. Changes in the offer as well as errors, printing errors and arithmetic errors reserved!