



ON THE OLD RAILWAY TRAILS FROM ITALY THROUGH SLOVENIA AND CROATIA

 Self-guided tour

 MTB

 135-135 km

 Easy

Duration: 5 days / 4 nights

14 years and older



DESCRIPTION

The Italian port Trieste has approx. 205.000 inhabitants and is the capital town of the autonomous region Friuli-Venezia Giulia. As most important harbour of the Austrian-Hungarian Empire it became a centre of navigation and marine science. Due to the sub-Mediterranean climate the summers are usually very hot and dry, the winters mild and rich in rain. As starting point for your cycling tour Trieste has a very convenient position. After a few kilometres you leave the harbour city and follow the former railway trail in direction of Slovenia. You leave Italy behind and you reach the „port of roses“, Portoroz. You will find some preserved buildings from the ages of Monarchs. Soon you continue cycling to Croatia, land of the red soil. The Adriatic Sea invites you for a bath; the pedestrian area of the historic centre of Porec awaits you. The cycling tour from Trieste to Porec on the former railway trails runs on the Italian and Slovenian sides mostly on asphalted cycling paths, in Croatia partly on gravel roads. We recommend a mountain bike. The tour is suitable for children over 14 years.

SHORT BREAK MOUNTAIN BIKE - PARENZANA

DETAILED ROUTES

📍 Day 1: Trieste

Individual arrival to Trieste. Relax in one of the city's historic cafés: in many of these, little has changed since writers like Svevo, Saba, and Stendhal sat at their tables and wrote their works. A walk through Piazza Unità d'Italia is another must. If you have time, also dedicate a few hours to discovering Miramare Castle, perched above the sea, just a few kilometers from the city center.

📍 Day 2: Trieste – Piran/Portoroz

(approx. 45 km)

Your tour begins where the train along the Parenzana started: at the train station of Trieste. Built in 1906 you will admire the typical architecture of the Austrian-Hungarian age. You leave Trieste, cross the border, pass woods and meadows and will learn the beauties of Istria. At the end of the stage you will cycle on a long descent with a marvellous view over Piran.

📍 Day 3: Piran/Portoroz – Livade/Motovun

(approx. 55 km)

The spa town of Piran shines even today with its well-preserved hotel architectures, which were then very rare to find. You will leave Piran and continue cycling on the traces of the former railway trails. Istria's hinterland will offer you the geometrical Secovlje salt flats – today with an access to a nature park: The Secovlje Salina Nature Park. The cycling path will lead you amongst untouched nature. Your second stage ends in Motovun or Livade – famous for its truffle and olive oil.

📍 Day 4: Livade/Motovun – Porec

(approx. 35 km)

On today's stage you probably will explore the centrepiece of the Parenzana railway. Through lots of tunnels and viaducts, which have been built in the end of 19th century, your journey leads you in direction Adriatic Sea. On gravel roads you pass rural areas, vineyards and red soil. Reached the end of your tour you won't find any hint regarding the Parenzana railway anymore neither a train station nor a sign refers to this beautiful railway trail.

📍 Day 5: Porec

Individual departure from Porec or possibility to extend your stay.

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GENERAL INFORMATION

- **Classification:** Self-guided tour
- **Duration:** 5 days / 4 nights
- **Distance:** ca. 135-135 km
- **Starting point:** Trieste
- **Arrival:**

By car: Over the Tauern motorway to Villach and over the border crossing Arnoldstein to Udine and Trieste.

By train: Over Salzburg and Villach to Trieste (Trieste centrale). Timetable available on: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: Low cost flights to the airport Ronchi dei Legionari or Pula. Good connections by bus to Trieste (airport shuttle or train – timetables on www.trenitalia.com) or from the airport Ronchi dei Legionari.

- **Accommodation:**

Chosen hotels of 3*** and 4**** category.

Attention: Tourist tax – if requested – has to be paid on the spot!

- **Parking:**

Parking facilities near the station or near our rental shop (reservation not possible, to be paid on spot).

- **Rental bikes:**

- MTB Bianchi - without bags
- E-Mountainbike - without bags

It is possible to add a rental bike disclaimer to your booking. Price is € 49.00 per TOP bike/ e-bike /mountain bike. For more information we recommend to review our Terms and Conditions.

- **Transfer:**

Every Wednesday, Thursday, Saturday and Sunday transfer by minibus from Porec to Trieste at a rate of € 45.00 per person + € 45.00 per each own bike – to be booked and paid in advance.

INCLUDED SERVICES

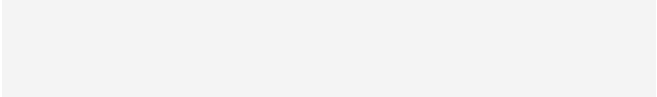
- Accommodation in hotels 3*** and 4*** category
- Breakfast buffet or full breakfast
- Videobriefing
- Luggage transfer from hotel to hotel
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Navigations APP

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item „Included services“

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- Telephone service hotline for the entire tour



SHORT BREAK MOUNTAIN BIKE - PARENZANA

STARTING DATES

Available - arrival possible Not Available Available for groups from 6 persons and on request

March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
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23	24	25	26	27	28	29
30						

PRICES

Standard

Package price in a double room from 31/03/2026 to 01/11/2026 569 €

Package price high season from 16/06/2026 to 09/09/2026 598 €

Single room surcharge 169 €

Additional services

own bike 0 €

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Mountain Bike 5,4

149 €

Electric Mountainbike 5,4

179 €

Additional nights

See ebsite