



FROM THE "BAVARIAN SEA" TO THE GOLDEN SANDY SHORES OF THE ADRIATIC COAST

 self guided tour

 Bike tour

 410-420 km

●●○ Medium

Duration: 9 days / 8 nights

16 years and older



DESCRIPTION

Away from the usual transit routes „Munich - Venice“ and „Salzburg - Grado“ an exciting cycling trip awaits you across the Alps towards the Adriatic sea. You start from Bavaria and cross Austria to finally cycle through the Friuli region towards the sea. The bike tour is very varied and leads through a wide range of natural and cultural landscapes. The route runs mainly on well-maintained cycle paths and low-traffic secondary roads. The most challenging sections are overcome by transfer. The cycling tour is suitable for young people from 16 on.

DETAILED ROUTES

Day 1 Chiemsee

Individual arrival at the first hotel in Chiemsee. The „Bavarian Sea“ is the largest lake in Bavaria and is famous for its natural scenery, water sports and cultural activities.

Day 2 Lake Chiemsee – St. Johann in Tirol (approx. 55 km)

The first stage leads you to the „Bavarian Sea“, the picturesquely situated Chiemsee with its scenic and varied landscapes, a true leisure paradise with plenty of activities to choose from. At the end of the route you reach the baroque town of St. Johann in Tyrol, the lively heart of the region between the Kitzbüheler Horn and the Wilder Kaiser.

Day 3 St. Johann in Tirol – Zell am See (approx. 55 km)

Hochfilzen is the first interesting stop for today. Every biathlon fan will be familiar with this town, as World Cup races are held here every year in front of thousands of spectators. The route continues to Saalfelden am Steinernen Meer, the third largest town in the province of Salzburg with its typically Austrian centre. The stage destination is Zell am See, on a peninsula on the shore of Lake Zell in the immediate vicinity of the Kitzsteinhorn glacier.

Day 4 Zell am See – Matrei in Osttirol (approx. 60 km + transfer Felbertauern Straße)

On the Tauern Cycle Path you continue towards Mittersill. The Tauern Cycle Path is a paradise for cyclists of all ages. The imposing peaks of the Hohe Tauern Mountains greet you in the south – fortunately you don't have to cross them at the top! A transfer takes you right into the heart of the Hohe Tauern National Park before you cycle mostly downhill from the Matreier Tauernhaus to Matrei in East Tyrol.

Day 5 Matrei in Osttirol – Oberdrauburg/Kötschach-Mauthen (approx. 65 km)

The cycle path leads through the idyllic Iseltal valley to the sunny town of Lienz in the very south of Austria near the Italian border, on the sunny slopes of the Alps where they live the „Dolce Vita“ style. In Lienz you turn off onto the well-known Drau cycle path to Oberdrauburg. Those who sleep in Kötschach-Mauthen have a transfer over the Gailbergpass (incl.).

Day 6 Oberdrauburg/Kötschach-Mauthen – Tolmezzo/Venzone (approx. 55 km)

A transfer takes you in the morning to the Plöcken Pass, the border to Italy. Along numerous serpentines you cycle down the pass road to Paluzza. Here every racing cyclist's heart would beat faster! Passing the thermal baths in Arta and the Roman excavation sites of Zuglio, you reach the medieval Venzone via Tolmezzo, which had to be rebuilt after the devastating earthquake, nowadays named in the most beautiful Italian villages list.

Day 7 Tolmezzo/Venzone – Spilimbergo (approx. 57 km); Variant: Tolmezzo/Venzone – San Daniele – Spilimbergo (approx. 50 km)

Starting from Tolmezzo, follow the bike path towards Cavazzo Carnico and Povo. Upon reaching Povo, you can choose between two options: either continue to Spilimbergo via San Daniele or take a more direct route via Povo and Cavazzo Carnico.

you can choose to cross the bridge over the Tagliamento River to visit Venzona, famous for its medieval architecture, or continue along the main road. The main route continues towards Bordano, Trasaghis, the picturesque Lake Cornino, Flagogna, and Pinzano. Along the way, don't miss the chance to visit some extraordinary places. Lake Cornino, with its turquoise waters and surrounding nature, is a true oasis of beauty. In Pinzano, you can enjoy breathtaking views of the Tagliamento River, with the bridge and viewpoints offering unforgettable glimpses. Finally, you will reach Spilimbergo, the „City of Mosaics,” with its School of Mosaicists of Friuli and its charming historic center, rich in history and beauty.

Day 8 Spilimbergo – Lignano

(approx. 70 km)

Strenuous climbs are far from you. With the „fiume Tagliamento” as your constant companion you cycle through the Friulian countryside towards the sea. The river was the scene of merciless battles during World War I and flows into the Adriatic Sea at Lignano; on the endless sandy beaches you can review your exciting trip.

Day 9 Lignano

Individual departure from Lignano or possibility to extend your stay.

GENERAL INFORMATION

- **Classification:** self guided tour
- **Duration:** 9 days / 8 nights
- **Distance:** ca. 410-420 km
- **Starting point:** Bernau am Chiemsee
- **Arrival:**

By car: Lake Chiemsee has excellent connections to the international motorway network , easily accessible via the A8.

By train: Prien am Chiemsee can easily be reached by train; timetable available on www.deutschebahn.de, www.oebb.at

By plane: low cost flights to München airport which can be reached within 1.5 hours by S-Bahn. On request we can organise transfers from the airport to the starting point of the tour.

- **Accommodation:**

Guesthouses and Hotels 3** and 4*** category.

Attention: tourist tax - if requested - has to be paid on spot.

- **Parking:**

parking possibilities either directly at the hotel or public parking garages, to be paid on place

- **Rental bikes:**

21-gears women's or men's bicycle

TOP bike (unisex model - man model on request)

E-Bike (unisex bike, 500 W battery, range up to 100 km)

It is possible to add a rental bike disclaimer to your booking. Price is € 24/ per trekking bike and € 49/ per TOP bike/ e-bike /mountain bike. For more information we recommend to review our Terms and Conditions.

- **Transfer:**

Return transfer on request on Sunday from Lignano to Chiemsee, € 189.00 per person + € 45.00 per own bike (reservation and payment upon booking). Minimum 4 people.

INCLUDED SERVICES

- Accommodation in Guesthouses and hotels 3** and 4*** category
- Breakfast buffet or full breakfast
- Luggage transfer from Hotel to Hotel
- Well planned routes

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- All lunches and dinners
- Not mentioned entries

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- Transfers Felbertauernstraße, Gailbergpass and Plöckenpass

- Detailed documents (maps, places to visit, important telephone numbers)

- Navigation App and GPX traces

- Telephone service hotline for the entire tour

- Navigation app; GPS data

- Rental bikes and travel insurance

- All not expressly mentioned under the item „Included services“

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STARTING DATES



Available - arrival possible



Not Available



Available for groups from 6 persons and on request

May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
					3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					6	7
					13	14
8	9	10	11	12		
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					5	6
					12	13
7	8	9	10	11		
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

PRICES

standard

Package price in a double room	from 23/05/2026 to 12/09/2026	1.199 €
Package price high season	from 23/05/2026 to 12/09/2026	1.199 €
Single room surcharge		249 €

Additional services

own bike	0 €
rental electric bike Chiemsee-Lignano	289 €
rental bike 21-gear (women) Chiemsee-Lignano	129 €
rental bike 21-gear (men) Chiemsee-Lignano	129 €
rental bicycle TOP (men) Chiemsee-Lignano	195 €
Rental bike TOP (unisex) Chiemsee-Lignano	195 €